

CRISTAL ELIXIRS



RUMIS

“Each particle of the Universe contains all the information present in the entire Cosmos. At the same time, the Universe holds all the information of even the smallest particle”
J. S. Bell (Quantum physicist)

Unlike CRYSTAL EXTRACTS that work on physical and psychological disorders, CRYSTAL ELIXIRS act on the subtle bodies. They work deeply on recent shocks as well as on old rooted emotions and patterns of behaviour. At times, when working on old covered up emotions and records that the mind has preferred to erase, a conflict between the conscious and the subconscious might develop. If some kind of reaction appears, the patient will have to decide whether to continue or stop the treatment.

RUMIS sells stock bottles. The Spanish bottle name appears in brackets. Keep away from heat.

CRYSTAL ELIXIRS can be taken together with any other type of therapy or medication. They never substitute any medical treatment.

Basic bottles: fill up a 30 ml dark dropper bottle with still mineral water, add a few drops of brandy as preservative and the number of drops indicated for each elixir. Shake vigorously for 2 minutes.

Up to 4 elixirs can be mixed together in the same basic bottle. Take mixed with water or dropped directly under the tongue, away from food or drinks. Dosages can be varied slightly.

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DENTRITIC AGATE ELIXIR (ÁGATA DENDRITA)

For those who due to shyness or childhood blockages can not express their true feelings. To be oneself from the heart. Works on the emotional body fighting against feelings of anxiety and grief.

Treatment bottle: add 10 drops to basic bottle. Shake well.

Average dosage: 6 to 10 drops 4 times a day.

SULPHUR ELIXIR (AZUFRE)

Powerful cleanser and specific aura field protector. Neutralizes anguish, pessimism and negative thoughts. Useful in cases of intoxication.

Treatment bottle: add 12 drops to basic bottle. Shake well.

Average dosage: 5 drops 4 times a day

QUARTZES ELIXIR (CUARZOS)

Elestial and smoky quartz

Depressions of unknown cause. Physical and emotional dependencies. Discouragement and physical fatigue. Problems with tobacco addiction. Strengthens and reinforces will power. Awakens inner wisdom and focuses it into matter, becoming conscious of the physical level. To reduce the adverse effects of food additives and dyes, add a few drops to wine, vinegar, milk, soft drinks,...

Enhances any other crystal elixir, crystal extract or floral essences.

Treatment bottle: add 7 to 15 drops to basic bottle. Shake well.

Average dosage: 7 drops 3 or 4 times a day

CITRINE-LABRADORITE ELIXIR (CITRINO LABRADORITA)

This combination helps to clear old resentments and emotional problems, especially those related to the father image dating from childhood.

Helps to develop creativity. Very effective for muscular pains, knocks and discomfort caused by changing weather conditions. Prevents muscular soreness after exercise.

Treatment bottle: add 7 to 15 drops to basic bottle. Shake well.

Average dosage: 5 drops 3 times a day

KUNZITE ELIXIR (KUNCITA)

Relaxes muscular tensions accumulated in shoulders. Balances the whole cardiovascular system, healing feelings and heart wounds. Concentration and laterality problems. Opens up intuition, perception, connecting to higher energies. Relaxes the mind, calming our primitive impulses. Recommended for students and before meditating.

Treatment bottle: add 10 drops to basic bottle. Shake well.

Average dosage: 6 to 10 drops 5 times a day

M. T. C. ELIXIR (M.T.C.)

Metatorbenite and Cuprosklodowskite

Unblocks any recent or old emotion at the heart centre level (like death of a beloved one or news of a serious illness). Gives peace and tranquillity. Develops intuition.

For unsolved shocks.

Treatment bottle: add 3 to 9 drops to basic bottle. Shake.

Average dosage: 4 drops 4 times a day

NEPHRITE ELIXIR (NEFRITA)

A great help in correcting kidneys 'chi energy' imbalances. Dissolves fears imprinted on the kidney and dating from childhood and pregnancy (especially on the left one). Promotes tissues regeneration (heart, kidney, thymus and abdominal wall). A very good detoxifier. Corrects urinary incontinence. Bladder cleanser.

Treatment bottle: add 7 drops to basic bottle. Shake well.

Average dosage: 10 drops 2 times a day

'NUMBER 10' ELIXIR (NÚMERO 10)

Combination of tourmalines

Helps in decision making. To break the inertia and routine in long lasting situations (convenience or lack of guts to face them). Opens up expression and action. Fears of

specific situations such as travelling, surgery, change of work or town, moving house. **Safeguard against accidents and on journeys.**

Treatment bottle: add 10 to 15 drops to basic bottle. Shake well.

Average dosage: 5 drops 3 times a day

GOLD ELIXIR (ORO)

Native gold on a quartz matrix

Insecurity, lack of confidence and discouragement. Improves sense of security, self esteem, enhancing verbal expression. For those who do not respond to treatments, as it improves transmission of information within the body. Strongly recommended for inferiority complex and alcoholism. **Not advised to use in drug addiction cases.**

Treatment bottle: add 7 drops to basic bottle. Shake well.

Average dosage: 3 drops 2 to 4 times a day

N.B: *better taken before mid-afternoon, as it could cause insomnia.*

PADPARADSCHA ELIXIR (PADPARADSCHA)

Orange sapphire

Clears and relaxes mind. Helps to go deep into matters, beneath the surface. Activates our memories; improves our capacity to observe the movements and traps of our ego. Very useful when confused or having to take important decisions. On a physical level for cranial sinuses and respiratory system. **Psychosomatic allergies.**

Treatment bottle: add 6 to 15 drops to basic bottle. Shake well.

Average dosage: 5 to 7 drops 5 times a day

In spray form against electromagnetic influences
(Spray: add 10 drops of stock to 100 ml of water)

PEARLS ELIXIR (PERLAS)

White pearl and grey pearl

Feelings of loneliness, abandonment, repression, susceptibility, jealousy, envy, contained anger, possessive love. OBSESSIONS. IRRITATION. Useful for couples in difficulties and after a breakup. **Balances our masculine and feminine energies.**

Treatment bottle: add 3 to 9 drops to basic bottle. Shake well.

Average dosage: 6 drops 6 times a day

EILAT STONE ELIXIR (PIEDRA DE EILAT)

Turquoise, Malachite and Chrysocolla

To carry on internal changes, both physical and spiritual. Unlocks psycho-emotional traumas suffered throughout life, emerging at maturity. Corrects dogmatism and intransigent attitudes. Helps to accept those life conditions related to karmic patterns. Degeneration of bone tissues. Affects endocrine tissue metabolism, especially thymus and thyroid glands.

Treatment bottle: add 7 to 11 drops to basic bottle. Shake well.

Average dosage: 6 drops 4 times a day

PYRITE SUN ELIXIR (PIRITA SOL)

Strengthens the astral body. Balances solar plexus and heart chakra. Relieves anxiety and frustration. Protects against attacks from outside. Increases memory and intellectual capacities. Stammering. Enhances blood circulation and skin breathing.

Treatment bottle: add 10 drops to basic bottle. Shake well.

Average dosage: 5 drops 3 times a day

SILVER ELIXIR (PLATA)

Native silver

Activates subconscious memories, helps to deepen into unsolved issues and emotions. Being a powerful electrical conductor acts as a catalyst; thus one or two drops can be added to any CRYSTAL EXTRACT or FLOWER ESSENCES. Highly recommended in regression therapies. Increases intuition and **brings out our hidden wisdom.**

Treatment bottle: add 6 drops to basic bottle. Shake well.

Average dosage: 6 drops 4 times a day

U.R. ELIXIR (UNIVERSAL REMEDY)

(REMEDIO UNIVERSAL)

M.T.C., Lepidolite, Cobaltocalcite and Sapphire

Calm emotions, helps to overcome anxiety, fears, sadness and anguish. Activates the memory, favouring introspection processes; provides strength and courage to face our hidden self. After taking it for a few days, the 'personal' floral essence will work more efficiently.

Treatment bottle: add 3 to 9 drops to basic bottle. Shake well.

Average dosage: 7 drops 3 times a day

SPECIAL FORMULAS

ALLERGY – RUM (ALERGI – RUM)

Compound against allergies

Mixture of different proportions of Quartz extract, Sulphur, Cinnabar, Elestial Quartz, Smoky Quartz, Hawaiian Lava and Padparadscha elixirs.

For all forms of allergies, either psychosomatic, environmental or seasonal.

Treatment bottle: add 3 to 9 drops to basic bottle. Shake well.

Average dosage: 7 drops 3 times a day

ANXIETY – RUM (ANSIO – RUM)

For nervous system balance

Mixture of Moonstone extract, Dextritic Agate, Pearls, Sun Pyrite, Sugilite and Wolframite elixirs.

Relaxing and calming, bringing peace and serenity. Great for depressive states and feelings of anguish and anxiety. Sleep alterations such as insomnia or restless nights.

Treatment bottle: add 3 to 9 drops to basic bottle. Shake well.

Average dosage: 7 drops 3 times a day

PSYCHIC PROTECTOR AND CLEANSER

(PROTECTOR Y LIMPIADOR PSIQUICO)

Mixture of Obsidian, Sulphur, Tourmalines and Pyrite Sun mineral essences.

Cleanses and protects against psychic factors. Can be used to cleanse stones, gems and sites.

Treatment bottle: add 3 to 9 drops to basic bottle. Shake well.

Average dosage: 7 drops 3 times a day